MODIFIED FACILITY USE
GUIDELINES FOR COVID-19

(Updated March 24, 2021)

Aligned to the California Department of Public Health (CDPH),
National Federation of State High School Associations (NFSHA), American Association of Pediatrics (AAP) & Sports Medicine Advisory Committee (SMAC)
BACKGROUND

COVID-19 has been declared a worldwide pandemic by the World Health Organization and is believed to spread mainly from person-to-person contact. As a result, federal, state and local governments and health agencies recommend special precautions to prevent its spread.

This guide is intended to summarize the Newport-Mesa Unified School District’s (NMUSD) requirements for participant safety.

I. ORGANIZATION REQUIREMENTS

Organizations understand that by submitting a use of facilities request they must follow federal, state and local guidelines, including NMUSD guidelines to prevent the spread of COVID-19.

Permit Request Process:
- Submit use of facility permit request with insurance and fees. Check the current NMUSD Phase and verify your activity is permitted before submitting a request, see Section II.
- Complete and submit COVID-19 Use of Facilities Addendum.
- Submit participant “Safety Plan.” Plan requirements are outlined in Section III.
- Custodial fees will be updated to reflect additional cleaning/disinfecting as required.
- Current Phase information and examples of required documents can be found on the NMUSD Use of School Facilities webpage: http://nmusd.us/UseofFacilities

Permitted Activities:
- Permitted activities will be phased in according to guidance from local and state health care agencies.
- It is the responsibility of the permittee to ensure all participants are following these rules, including coaches, participants, spectators and families. Failure to comply with these rules may result in cancellation of the permit; there will be no refund for permits canceled due to non-compliance.
- NMUSD staff will monitor facility usage to ensure the participant’s “Safety Plan” is being followed. NMUSD may cancel a permit at any time, if at its sole discretion, NMUSD determines that the permittee is not following safety protocols.

Safety Protocols:
- See Appendix A
II. **APPROVED ACTIVITIES**

NMUSD will phase in approved activities in accordance with CDPH guidelines as described below (check the NMUSD Use of Facilities website for the current phase):

<table>
<thead>
<tr>
<th>CDPH Guidance (8/3/20)</th>
<th>PHASE 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Facility Use Requests:</strong></td>
<td><strong>Facility Use Requests:</strong></td>
</tr>
<tr>
<td>10 Athletes per Permitted Area</td>
<td>10 People per Permitted Area</td>
</tr>
<tr>
<td>Outdoors Only</td>
<td>Outdoors Only</td>
</tr>
<tr>
<td>No Sub-Division of Permitted Areas</td>
<td>No Locker Rooms</td>
</tr>
<tr>
<td>No Locker Rooms</td>
<td>6 Feet Distance</td>
</tr>
<tr>
<td>6 Feet distance</td>
<td>No Athlete Contact</td>
</tr>
<tr>
<td>Must Pod***/Cohort athletes</td>
<td>No Shared Equipment</td>
</tr>
<tr>
<td>No Athlete Contact</td>
<td>Masks must be worn at all times</td>
</tr>
<tr>
<td>No Shared Equipment</td>
<td>Practices or Camps/Clincs Only</td>
</tr>
<tr>
<td>Masks must be worn at all times</td>
<td>No Contact Drills, Scrimmages</td>
</tr>
<tr>
<td>Practices or Camps/Clincs Only</td>
<td>No Games or Tournaments</td>
</tr>
<tr>
<td>No Contact Drills, Scrimmages</td>
<td></td>
</tr>
<tr>
<td>No Games or Tournaments</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>PHASE 2</th>
<th>PHASE 3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Facilities Use Requests:</strong></td>
<td><strong>Athletic Facilities Use Requests:</strong></td>
</tr>
<tr>
<td>Cohorted by team/organization*</td>
<td>50 People per Permitted Area &gt; Indoors/Outdoors</td>
</tr>
<tr>
<td>Outdoors only</td>
<td>Physical Distancing as Recommended</td>
</tr>
<tr>
<td>No locker rooms</td>
<td>Masks must be worn at all times</td>
</tr>
<tr>
<td>6 Feet Distance</td>
<td>Practices or Camps/Clincs Only</td>
</tr>
<tr>
<td>Masks must be worn at all times*</td>
<td>No Scrimmages, Games or Tournaments</td>
</tr>
<tr>
<td>Limited shared equipment*</td>
<td></td>
</tr>
<tr>
<td>All outdoor sports resume modified practice</td>
<td><strong>Other Facility Use Requests:</strong></td>
</tr>
<tr>
<td>Games allowed</td>
<td>Indoor educational facilities available, including</td>
</tr>
<tr>
<td>(All participants must reside in the same state)</td>
<td>multipurpose rooms and classrooms.</td>
</tr>
<tr>
<td></td>
<td>Limited Group Size.</td>
</tr>
<tr>
<td></td>
<td>Physical Distancing as Recommended.</td>
</tr>
</tbody>
</table>

* See Appendix A
III. PARTICIPANT SAFETY PLAN

Requestors must attach their “Safety Plan” with their permit request. The “Safety Plan” must contain specific measures that the organization and volunteers are taking to ensure their organization is protecting participants, families and the community from the spread of COVID-19.

The “Safety Plan” must include the following:

- Acknowledgement of federal, state and local guidelines, including the NMUSD Safety Protocols, Section IV.
- Designate a point person responsible for the implementation and management of this “Safety Plan.”
- Confirmation of the designated arrival/departure areas.
- Acknowledgement of the Screening Protocols, Section V., and location of health screening station.
- Explain how you will limit group sizes or divide your organization into stable cohorts in accordance with the current NMUSD reopening phase, Section II.
- A plan to educate staff, volunteers, participants and parents on behaviors to reduce the spread of COVID-19. A memo describing general safety guidelines is provided in Appendix B.
- Waivers signed by parents/guardians acknowledging the risks of participation. This document should outline the symptoms of COVID-19. This is the responsibility of the organization, not NMUSD to provide participant waivers.
- Develop a policy for anyone within your organization that does not comply with the safety plan.

NMUSD may at any time request changes to an organization’s safety plan. These changes may be a result of updated state or local guidelines or to meet the needs of specific facilities.

Organizations shall complete the “Safety Plan.”

The “Safety Plan” must be completed and emailed to Elizabeth Peterson, epeterson@nmusd.us or dropped off in person by appointment only. To make an appointment, call 714-424-7530 or email Elizabeth at the above email address.

IV. NMUSD SAFETY PROTOCOLS

Stay Home If You Are Sick

- Participants are expected to take their temperature prior to the event and monitor for symptoms.
- Stay at home if you have a fever, are experiencing any symptoms or if you have been in close contact with someone with a confirmed positive diagnosis of COVID-19.

Hygiene and Sanitation

- Train coaches or organizers on CDC recommendations and appropriate hygiene practices.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. It is the user’s responsibility to provide hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
Avoid Close Contact

- Organizations must divide participants into stable cohorts (predetermined group of participants who stay together for the duration of the use permit) as appropriate per the NMUSD phasing plan, Section II. Permittees shall explain how they intend to maintain safe distancing and cohorting in their “Safety Plan.”

Cover Your Mouth and Nose with a Cloth Face Cover When Around Others

- You could spread COVID-19 to others even if you do not feel sick.
- All participants, coaches and spectators will wear face coverings at all times. Refer to Appendix A for exemptions during active play.

Arrival and Departure

- NMUSD will limit the number of visitors to its campuses as much as possible.
- Observe permit times. Early arrivals and late departures are not permitted.
- All participants must undergo health screening (see section V. below).

V. Screening Protocols

In order to provide a safe environment, passive and active screening for COVID-19 will occur. All participants are expected to take their temperature prior to the event and monitor for any symptoms related to COVID-19. Participants are expected to stay home if they are experiencing symptoms or a fever of 100.4 degrees or more. Participants should be actively screened by the permit holder or organization’s designee (including coaches) upon entering the campus before the event. It is the permit holder’s responsibility to screen all participants and the District will not provide equipment to conduct such screenings.

Health Screening Process:

- Passive screening is done at home before arriving on the school campus. Participants are expected to take their temperature, check for symptoms and stay at home if they are showing any symptoms.
- The permit holder will provide symptom and health screenings for all coaches and athletes entering the facility or event. Temperature/symptom screeners will avoid close contact with workers or athletes to the extent possible.

COVID Testing:

For high-contact sports (football, rugby and water polo), testing may be required when county COVID case rates are between 7 and 14 per 100,000 when competing. Athletes under the age of 13 are exempt from testing requirements. If the team has mixed aged athletes, testing is not required when more than 50% of the team is under the age of 13. This exemption does not apply to coaches.
When the case rate is below 7, testing is encouraged for coaches and athletes over the age of 13 for high-contact sports.

The permit requestor is responsible for verifying any testing results. Refer to the California Department of Public Health link for outdoor-indoor recreational sports, provided under Section VI Resources for additional information.

VI. Resources:

This document is meant to supplement not replace any health and safety laws, rules and regulations that facilities and organizations must abide by. NMUSD will follow the guidance of the Orange County Healthcare Agency, the California Department of Public Health, and the Centers for Disease Control with respect to the operation of facilities and programs. The following links are the most applicable information provided by each agency:

RESOURCES

Centers for Disease Control

California Department of Public Health

https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx#

Americana Academy of Pediatrics

Orange County Healthcare Agency

NMUSD Use of Facilities Rules and Regulations

NMUSD Board Policy regarding Use of School Facilities
http://www.gamutonline.net/district/newportmesa/DisplayPolicy/596908/1
Appendix A

Phase 2
Limited Shared Equipment

Limited Shared Equipment and Hygiene:
- Shared equipment should be cleaned and disinfected before use by another person, group, or team.

- When equipment is shared during an activity, participants should perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, at half time, and after the conclusion of the activity.
  - Balls or other objects or equipment can be touched by multiple players and used during practice and play if the above hand hygiene practices are followed.

- Food and drink may not be shared
- Other personal items and equipment should not be shared.

Cohorts:
- Athletes and coaches should cohort by team, and refrain from participating with more than one team.
- No indoor activities, outdoor workouts only.

Protective Masks:
- Masks will be worn at all times.
- Athletes must wear face coverings when participating in the activity (whether practice or competition), even with heavy exertion as tolerated (unless the face covering could become a hazard). Face coverings must be worn when not participating in the activity (e.g., on the sidelines). For additional information on the use of face masks, please consult the guidelines contained at the following link - COVID-19 Interim Guidance: Return to Sports and Physical Activity (aap.org)
- Coaches and spectators must wear masks at all times.

Pre-workout screening:
- All athletes will continue to go through COVID Monitoring.

Social Distancing:
- All athletes should be a minimum of 6 feet apart, before, during and at the release of practice.

Sneezing/Coughing:
- Athletes should be encouraged to sneeze or cough facing away from other people to lower the risk of particles on their hands.
Appendix B

Newport-Mesa Unified School District

To: Community Youth Sports Organizations and Civic Center Users

CC: NMUSD Principals

From: Lance Bidnick, Administrative Director II, Maintenance and Operations

Date: March 24, 2021

Subject: COVID Safety Guidelines for Use of Newport-Mesa Unified School District Facilities

The Newport-Mesa Unified School District has carefully prepared to see the return of youth sports to our facilities. We keep up with the continuously changing guidelines related to the COVID-19 pandemic as they are issued by the California Department of Public Health. The District is taking very specific actions to keep our students and staff safe by adhering to these guidelines.

In order to keep our schools and community safe first and foremost, followed by the return of facility availability for community youth sports, the following safety guidelines must be observed:

1) Masks or face coverings are required to be worn by all visitors to our campus, even when outdoors. This includes all youth sports participants, coaches and spectators.
2) Limit the number of spectators as much as possible.
3) Spectators must remain 6 feet apart from other spectators from different households.
4) Stay within your permitted area. We have staff at our schools after school hours that must adhere to the safety guidelines, including wearing face coverings at all times.
5) Please respect their commitment to safety by following these guidelines as well while on campus and refrain from wandering the classroom areas (except those that may be near designated restrooms).
6) Our playgrounds are disinfected daily for the safety of our students; please keep off playground equipment while you are visiting our campus.
7) Pets are not allowed on school grounds.

Failure to adhere to these guidelines could cause your organization to lose its permit and be barred from using District facilities for up to one year. We are very happy to welcome you to our schools, but our number one commitment is to the safety of our students and staff.

Details about our Use of Facilities policy, including a full list of safety guidelines, can be found on our website at www.nmusd.us, click the yellow “I want to...” button on the top right and select “Facilities Use Request.”

Thank you for your understanding and cooperation regarding this matter.

Russell Lee-Sung, Superintendent
2985 Bear Street · Costa Mesa · California 92626 · (714) 424-5000