Cigna Dental Oral Health Integration Program®

We make it easier to stay on top of rheumatoid arthritis symptoms.

Take advantage of reimbursements for periodontal (gum) treatments, fluoride applications, sealants and more.
Get reimbursed*1 for dental treatments. Help improve oral health.

There’s been a clear connection between arthritis and oral health for hundreds of years – in ancient Greece, Hippocrates suggested that pulling teeth could cure arthritis2 To keep oral symptoms under control, we reimburse1 periodontal (gum) treatments, fluoride applications, sealants and more.

How rheumatoid arthritis affects oral health2

**GUM DISEASE**

Tartar and plaque buildup can lead to gingivitis (early gum disease), which causes bleeding gums. Left untreated, it becomes periodontitis (severe gum disease), which can cause serious infection.

A study from Johns Hopkins found that 70% of rheumatoid arthritis patients had gum disease, compared to 35% of the general population.3

**INFLAMMATION**

Patients with rheumatoid arthritis tend to have a higher level of an oral bacteria that triggers the production of proteins that the immune system attacks as foreign. Scientists believe the inflammatory response to the bacteria may spread throughout the body, triggering rheumatoid arthritis symptoms.3

**DRY MOUTH**

Sjogren’s syndrome can be seen in patients with rheumatoid arthritis. Dry mouth is one of the most common symptoms of Sjogren’s syndrome and can lead to mouth sores, gum disease and tooth decay if it’s not addressed early.4

How the reimbursement process works

1. **Enroll**

To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

› Going to myCigna.com, selecting Coverage > Dental and filling out the registration form online

› Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. **Submit your claim**

If you visit an in-network dentist, they’ll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we’ll review it and refund you for eligible dental services in about 30 days.

Have questions?
Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.