Cigna Dental Oral Health Integration Program®

Stay on top of your oral health. Keep chronic kidney disease in check.

Take advantage of reimbursements* for periodontal (gum) treatments, fluoride applications, sealants and more.

Together, all the way.
Get reimbursed* for dental treatments. Help improve your kidney health.

We care about your whole-person health. To help prevent oral infections that can spread, we reimburse* periodontal (gum) treatments, fluoride applications, sealants and more.

How oral health and chronic kidney disease are connected**


The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.


1. Enroll
To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

› Going to myCigna.com, selecting Coverage > Dental and filling out the registration form online

› Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim
If you visit an in-network dentist, they'll send us a claim directly. If you see a dentist not in the Cigna network, you may need to submit the claim yourself. Then we'll review it and refund you for eligible dental services in about 30 days.

How the reimbursement process works

INFLAMMATION
Cavities and gum diseases are chronic bacterial infections that cause pain, difficulty eating and harmful chronic inflammation. If you have chronic kidney disease, this inflammation can lead to heart disease, so it’s key to treat it at the source.

DIALYSIS
Since some dental procedures can cause bleeding, it’s important to schedule dental appointments on non-dialysis days.

TRANSPLANT DELAYS
The post-transplant medications to prevent kidney rejection further weaken the body’s defenses against infection, so a healthy mouth going into it is key. Taking care of any oral infections beforehand allows the transplant to proceed as planned.

Have questions?
Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.