Cigna Dental Oral Health Integration Program®

We help address some of the oral health challenges that opioid misuse can cause.

Take advantage of reimbursements* for periodontal treatments, fluoride applications, sealants and more.

Together, all the way.*
Get reimbursed* for dental treatments. Help improve oral health.

Opioids and oral health are interconnected. Opioid misuse can cause direct damage to the mouth and chip away at dental routines and hygiene. And for some people, opioids prescribed after dental surgery can lead to addiction.

Trouble maintaining dental hygiene

Opioid users are less likely to keep up with brushing and flossing and more likely to eat foods that are high in sugar.** They have a loss of sensitivity that makes it less likely to seek treatment for issues such as cavities and gum disease.***

How the reimbursement process works

1. Enroll
To get reimbursed, you first have to enroll in the Cigna Dental Oral Health Integration Program® by either:

› Going to myCigna.com, selecting Coverage > Dental and filling out the registration form online
› Calling the number on the back of your Cigna ID card and asking for a mailed registration form

2. Submit your claim
Go to your dentist and pay the copay or coinsurance for the covered treatment. If your dentist is in the Cigna network, they’ll send us a claim for reimbursement. If your dentist isn’t in the Cigna network, you might need to submit the claim. We’ll review the claim and mail full reimbursements for covered treatments in about 30 days.

Have questions?
Reach out to the Cigna Dental Oral Health Integration Program 24/7 at 800.Cigna24.

*You do not have to meet your DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum for traditional indemnity and DPPO plans as well as plan rules for visits to network dentists and out-of-network dentists.


The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.