Search our directory to find providers using this step-by-step guide before you enroll.

**STEP 1** – Go to Cigna.com and select Find a Doctor, Dentist or Facility at the top of the page.

**STEP 2** – Under How are you Covered? Select Employer or School

**STEP 3** – Enter the Address, City or Zip of the doctor, dentist or facility.

**STEP 4** – Select Doctor by Type and enter a specialty or type of doctor. (A drop-down of selections will appear for your convenience.)

**STEP 4** – Select Doctor by Name and enter the doctor’s name in the search field.

**STEP 5 & 6** – Continue as guest (if prompted) and Continue

Be sure not to select “Continue without a plan” since different plans might have different in-network providers.

Offered by: Cigna Health and Life Insurance Company or Cigna HealthCare of California, Inc.
STEP 7 – Select the plan of your choosing plan offering. Please check with your employer or Cigna Engagement Advisor to confirm the plan(s) you are offered.

Your search results will appear. You can also select Change plan to search by a different plan type. If you’re enrolling for the first time take note of the PCP ID# (including any zeros); you will want to identify this when you enroll. For some plans, a PCP selection is required. If you do not identify a PCP while enrolling one will be auto-assigned (for plans that a PCP is required). You can change your PCP if you like, see details below.

STEP 8 – To find the PCP ID select

Here, you will also find the Medical Group associated with the provider and you can select See affiliated doctor.

You can call to change your PCP by calling Cigna Customer Service 24/7/365 at 800.244.6224.

Questions? Call 800.244.6224

* A PCP can be selected from Internal or Family Medicine, General Practice, Pediatrics or OB-GYN for plans requiring PCP selection. Call for more details. Providers and facilities that participate in the Cigna network are independent practitioners solely responsible for the treatment provided to their patients. They are not agents of Cigna. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, view your plan materials.

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